

HELSINKI CHRONIC PAIN INDEX (HCPI)

ASSESSMENT DAY: 28

Date: _____

Tick only one answer – the one that best describes your dog during the preceding week

	Points
1. Rate your dog's mood: <div style="display: flex; justify-content: space-between; padding: 0 10px;"> Very alert alert neither alert, nor indifferent indifferent very indifferent </div> <div style="display: flex; justify-content: space-between; padding: 0 10px;"> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> </div>	_____
2. Rate your dog's willingness to participate in play: <div style="display: flex; justify-content: space-between; padding: 0 10px;"> Very willingly willingly reluctantly very reluctantly does not at all </div> <div style="display: flex; justify-content: space-between; padding: 0 10px;"> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> </div>	_____
3. Rate your dog's vocalization (audible complaining, such as whining or crying out): <div style="display: flex; justify-content: space-between; padding: 0 10px;"> Never hardly ever sometimes often very often </div> <div style="display: flex; justify-content: space-between; padding: 0 10px;"> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> </div>	_____
4. Rate your dog's willingness to walk: <div style="display: flex; justify-content: space-between; padding: 0 10px;"> Very willingly willingly reluctantly very reluctantly does not walk at all </div> <div style="display: flex; justify-content: space-between; padding: 0 10px;"> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> </div>	_____
5. Rate your dog's willingness to trot: <div style="display: flex; justify-content: space-between; padding: 0 10px;"> Very willingly willingly reluctantly very reluctantly does not trot at all </div> <div style="display: flex; justify-content: space-between; padding: 0 10px;"> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> </div>	_____
6. Rate your dog's willingness to gallop: <div style="display: flex; justify-content: space-between; padding: 0 10px;"> Very willingly willingly reluctantly very reluctantly does not gallop at all </div> <div style="display: flex; justify-content: space-between; padding: 0 10px;"> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> </div>	_____
7. Rate your dog's willingness to jump (eg. into car, onto sofa...) <div style="display: flex; justify-content: space-between; padding: 0 10px;"> Very willingly willingly reluctantly very reluctantly does not jump at all </div> <div style="display: flex; justify-content: space-between; padding: 0 10px;"> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> </div>	_____
8. Rate your dog's ease in lying down: <div style="display: flex; justify-content: space-between; padding: 0 10px;"> With great ease easily neither easily, nor difficultly with difficulty with great difficulty </div> <div style="display: flex; justify-content: space-between; padding: 0 10px;"> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> </div>	_____
9. Rate your dog's ease in rising from a lying position: <div style="display: flex; justify-content: space-between; padding: 0 10px;"> With great ease easily neither easily, nor difficultly with difficulty with great difficulty </div> <div style="display: flex; justify-content: space-between; padding: 0 10px;"> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> </div>	_____
10. Rate your dog's difficulty in movement after a long rest: <div style="display: flex; justify-content: space-between; padding: 0 10px;"> Never hardly ever sometimes often very often/always </div> <div style="display: flex; justify-content: space-between; padding: 0 10px;"> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> </div>	_____
11. Rate your dog's difficulty in movement after major activity or heavy exercise: <div style="display: flex; justify-content: space-between; padding: 0 10px;"> Never hardly ever sometimes often very often/always </div> <div style="display: flex; justify-content: space-between; padding: 0 10px;"> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> </div>	_____

Points	0	1	2	3	4
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Total up the answers to all 11 questions. Total chronic pain index score: _____