

# Tendinopathy: the Possible Role of Oxidative Stress, Inflammatory Conditions and Local Anesthetics.

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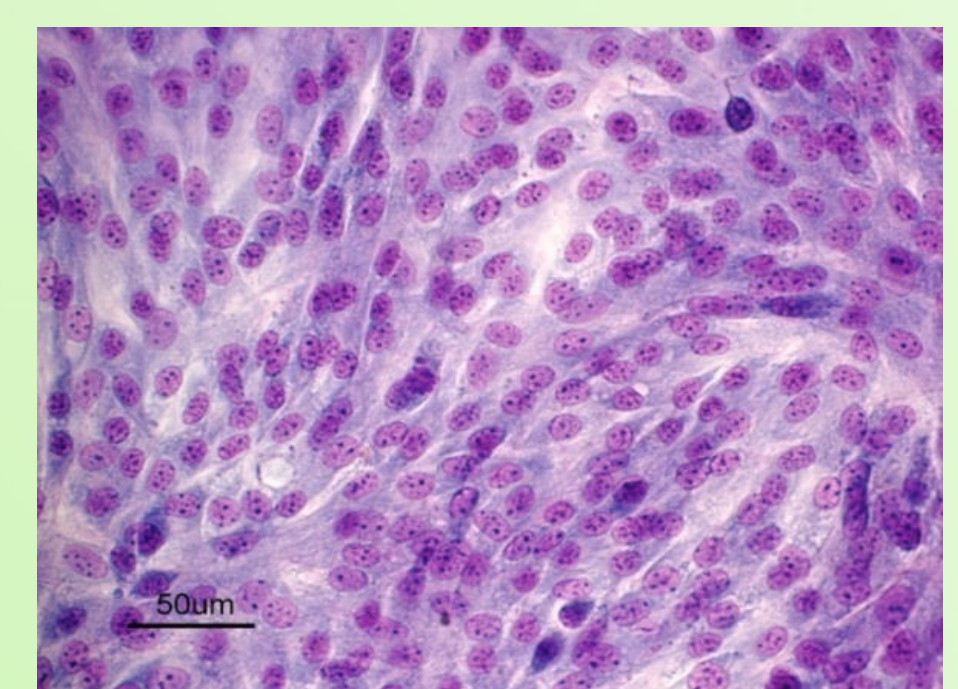
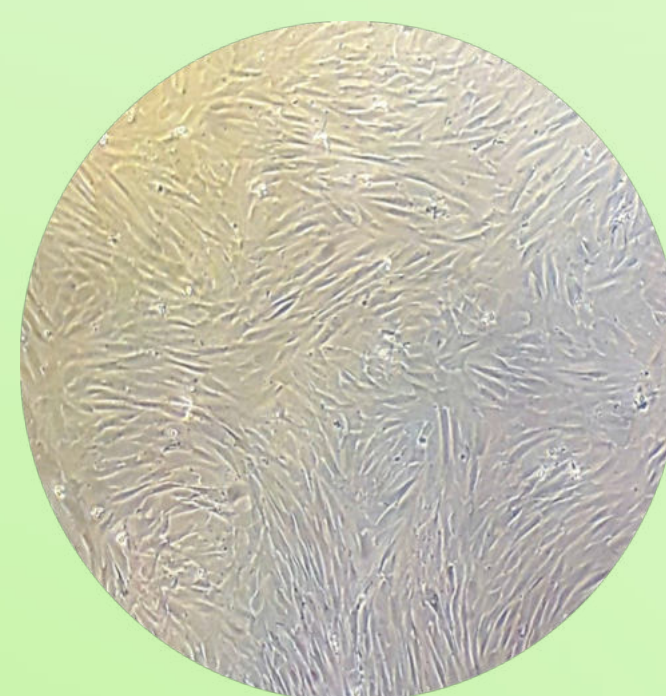
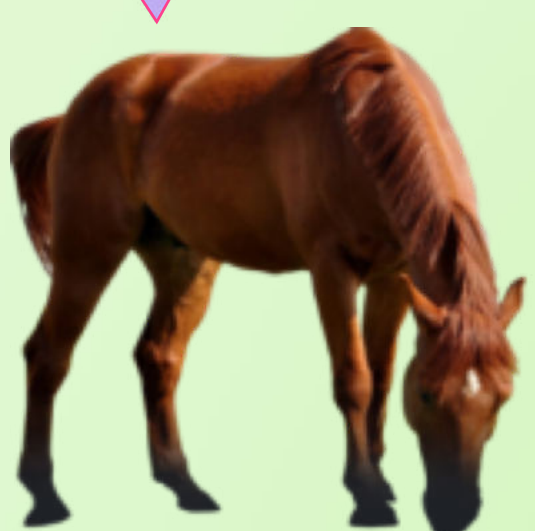
Tendinopathy is a multifactorial spectrum of tendon disorders resulting from degeneration of the extracellular matrix of tendons [1]. Etiopathogenesis remains still poorly defined despite they represent one of the most common pathologies of the musculoskeletal system both in humans and in the athletic horse [2]. Mechanical and oxidative stress due to tendon overuse have been described as the major risk factor for tendinopathy. The healing is critical process that is often also impaired by some drugs, such as local anesthetics which are used to cope the tendon pain [3,4,5].



## AIM

The aim of this study is to define some metabolic and molecular properties of the equine tenocytes in order to better understand the molecular aspects related to their poor responsiveness to the stressors, that have been described as main causes of tendon injuries.

## EXPERIMENTAL DESIGN



### Inflammation

- Cytokines (e.g. IL-1 $\beta$ )
- Bioactive Lipids (e.g. PGE2)

### Anti-Inflammatory Conditions

- IL1 Receptor Antagonist (IL-1RA)
- Cox2 Inhibitors

### Oxidative Stress

- ❖ Reactive Oxygen Species (ROS) (e.g. H<sub>2</sub>O<sub>2</sub>)
- ❖ Nitric Oxide (NO)

### Anti-Oxidant Conditions

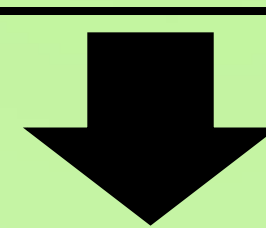
- ❖ Platelet Rich Plasma (PRP)
- ❖ Vitamins ( Vit E, Vit C, Vit A), thiols

### Local Anesthetics

- Lidocaine
- Bupivacaine
- Mepivacaine

### Cytoprotective Conditions

- Platelet Rich Plasma (PRP)



Cell viability

Non-collagenous ECM proteins

Matrix metalloproteases (MMPs)

Apoptosis and Necrosis

Collagen I and III

Metalloproteinase Inhibitors (TIMPs)

PROTEIN, LIPID and DNA Oxidative Damage

Nrf2 pathways and antioxidant enzymes

Proteomic analysis

NF-kB pathways and Cytokines

## EXPECTED RESULTS

The expected results of this PhD project can contribute to extend the knowledge on the molecular mechanisms underlying the onset of tendon injuries and to better understanding the role of oxidative stress, inflammation and local anesthetics in tendon homeostasis and in tendon lesion healing.

### REFERENCES

- [1] Fu S.C., et al. J. Orthop. Res. 36, 3268–3274. 2018; [2] Dakin S.G., et al.. Vet. Immunol. Immunopathol. 158, 121–127. 2014. [3] Millar N.L., et al.. Nat. Rev. Rheumatol. 13, 110–122. 2017; [4] Yang S.L., et al. L. Med. Sci. Monit. 20, 2478–2483. 2014; [5] Yang et.al, Med. Sci. Monit, 20: 2478-2483, 2014.

